



Protective Care Group

Shaping lives through specialist care

Respite

Going forward we are keen to offer full respite services which will not only give new opportunities to the children and adults we support, but give the family a well, deserved break in the knowledge their loved one is fully supported and cared for by a team they know and trust.

The respite services will vary from overnight stays to a few nights away in a variety of settings to include:

- **Outward bound/Activity Centres**
- **Music**
- **Arts and crafts**
- **Other – walking, cycling, mountain biking, camping etc.**

Again the package put in place will be tailored to each individual taking into account all necessary safeguarding aspects and ensuring the young person/adult has choice in the activity programme.

